

Volunteer Program FAQ's

What is the process for becoming a volunteer?

The process starts with the application. After you submit your application, you will be interviewed by the volunteer coordinator. You will be asked to complete a Child Abuse Prevention training, clear a background screening and attend an orientation.

How long will the process take?

Once it is determined that there's an appropriate volunteer position open that would be a good fit, the processing usually takes about 2 weeks, but can take longer.

How will I know what volunteer opportunities are available?

We have a binder that lists all volunteer positions, by department.

Are there volunteer opportunities all hours and days?

Many volunteer work during office hours; however, there are some volunteer positions with flexible or weekend hours. The Youth Sports Department, for example, runs their program on Saturday morning. The Child Watch program operates during the morning, early evening and on Saturday. So, some volunteer schedules are flexible.

How old must someone be to volunteer?

Generally speaking volunteers must be 18 years old. Occasionally, there are instances where we can accept someone who is 16; but no one younger than that.

Do I have to make a long-term commitment to the volunteer program?

We prefer our volunteers to make an ongoing commitment; but there are often opportunities to volunteer for just a day or two at a time, like Healthy Kid's Day.

I need to get service hours for my school for my school completed in the next 1 – 2 weeks, is that possible?

No, it typically takes 2 weeks (or more) to process a volunteer.

May I do court-ordered community service at the YMCA?

No, unfortunately our association guidelines do not permit court-ordered community service at the Y.

May I bring my small child with me when I volunteer?

If you have a family membership, you would be entitled to use the Child Watch Program to care for your child, for up to 1 hour and 45 minutes, per day. Otherwise, it would not be possible to have a child accompany you.

Will I receive a free membership for volunteering?

No, we do not offer free memberships to volunteers.